



CAPtions



A publication of FiveCAP, Inc.

April-June 2022



Our 18th annual Golf Charity event will be held Friday, August 5th at Manistee National Golf & Resort in Manistee.

All proceeds will benefit FiveCAP programs Golf/Walk for Warmth to provide emergency heat assistance to area families and senior citizens, and the Dolly Parton Imagination Library which provides a book each month to enrolled children until they are age 5.

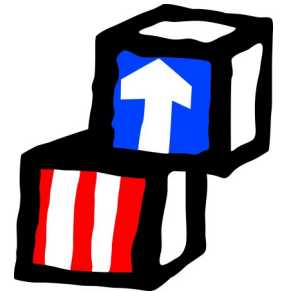
You could win a NEW CAR with a hole-in-one, sponsored by Watson Ludington! First place team members get an overnight stay package from Little River Casino Resort. And DTE Energy has donated a grand raffle prize valued at \$500!

The 4-person scramble starts at 9 a.m. \$85/person. Cart and lunch included. **Advance registration form at www.fivecap.org on our Charitable Giving page.** Awards, live auction and raffles when golfers return approx. 1 p.m. in the big white tent (community welcome).

SIGN UP TODAY! Sponsor a tee, donate! For more information, call (231) 757-3785.



Pictured left: Head Start children learning through play! Socialization skills are rated as high importance in readying children for kindergarten! *More about Head Start on page 2.*



Gardening & Food Preservation to 800 households

In support of providing healthy eating habits and cost savings by growing foods, FiveCAP offers gardening and food preservation workshops annually, free to income-eligible residents in the four county service area.

To start their garden, each participant receives a variety of vegetable plants. Although in-person workshops have not resumed, plants and handouts from MSU Master Gardeners were provided to 800 households early June...followed by canning jars and freezer bags with handouts and materials including useful tips for food preservation.

FiveCAP hopes to return to in-person workshops in 2023!



FiveCAP, Inc. County Office Locations

Mason County (Main Office), *Scottville*—(231) 757-3785
Manistee County, *Manistee*—(231) 723-8327

Lake County, *Baldwin*—(231) 745-4617
Newaygo County, *White Cloud*—(231) 689-6688



VISIT OUR WEBSITE: www.fivecap.org

Idlewild Historic & Cultural Center website: www.historicidlewild.org



Pictured: Mr. Ray's classroom at the Manistee Child Development Center—2021/2022.

FiveCAP Head Start centers enrolling for 2022/2023 program!

With the 2022-23 school program year fast approaching, parents have a wonderful opportunity to enroll their children in Head Start.

Offered through FiveCAP, Inc. with seven (7) Centers in four counties, the federally funded Head Start program provides quality early childhood learning free to income eligible families (at or below 100% of the federal poverty level) with children age 3 & 4.

Qualified teachers use a research-based curriculum to prepare students for kindergarten-readiness with fun activities and lessons. Social and emotional growth are important components of the program, as well as physical skills, language and communication, math, phonics, social studies, science and technology.

Children attend Monday thru Thursday with regular classroom hours, with nutritious meals and snacks. Transportation provided for specified locations. At this time, masks will still be required for children and Center staff. CDC and State Licensing guidance will continue to be followed to ensure health and safety protocols.

Head Start advocates for the whole family, so parents can be involved in helping their children develop critical skills they need early in life, and families can attain services to help them grow and prosper.

For more information or to apply to enroll your child, contact your Head Start center or call FiveCAP at (231) 757-3785. Website www.fivecap.org.



As of June end, FiveCAP distributed **2,130** COVID-19 home self-test kits **FREE** to residents throughout Mason, Manistee, Lake and Newaygo counties. With another monthly shipment of 420 test kits arriving the first week of July, kits will continue to be available while supplies last by contacting your county FiveCAP Office.

This is made possible through the Michigan Department of Health & Human Services.



***Prepare for winter!* Deliverable fuel assistance available**

FiveCAP, Inc. is offering deliverable fuel assistance to income-eligible households to prepare for the upcoming winter. Households must be at or below 25% of their fuel capacity for their primary heat source. Assistance covers minimum delivery only for deliverable heat sources -- gas, propane, kerosene, fuel oil, pellets, wood.

To qualify, household income must be within 150% of the federal poverty level. Proof of last 30

days income required.

To start the application process, residents just need to contact their county FiveCAP office and provide their: MDHHS Case #; last 30 days income (total household); and birthdates and Social Security numbers for everyone in the household.

These funds are available for a limited time. More information on this program and other services are available at the local FiveCAP office.

Idlewild Historic & Cultural Center reopens summer 2022!

The Idlewild Historic & Cultural Center is again welcoming visitors. The museum is open for the summer season on Saturdays from 10 a.m. to 4 p.m. through Labor Day weekend.

Idlewild is perhaps most famous for hosting some of the most renowned black entertainers from the 1920s through the 1960s...performers such as Louis Armstrong, James Brown, Jerry Butler, Cab Calloway, Bill Cosby, Sammy Davis Jr., Duke Ellington, The Four Tops, Aretha Franklin, Etta James, B.B. King, Della Reese, The Spinners, The Temptations, T-Bone Walker, Thomas "Fats" Waller, Dinah Washington, Jackie Wilson and Stevie Wonder. Segregation barred many of these performers from playing large venues in more populated areas.

While the caliber of talent that Idlewild attracted is remarkable, it's equally important to understand why the resort existed. Racism prevailed, even in

the north, and Idlewild was one of the first truly integrated places in the whole country. It provided a safe haven, free from segregation and the injustice of Jim Crow.

The Idlewild Historic & Cultural Center features a museum exhibit called "Welcome to Idlewild: The Black Eden of Michigan" as well as an exhibit developed by the U.S. Forest Service detailing the history of the Civilian Conservation Corps camps nearby. The center also houses a collection of Idlewild memorabilia and artifacts – shared memories from the people who found joy in the historic resort community.

The Idlewild Historic & Cultural Center, operated by FiveCAP, Inc., is located off US-10 between Baldwin and Reed City, at 7025 Broadway Ave., in Idlewild, MI. The Center features a gift shop where visitors can purchase souvenirs and conference space that can be rented for meetings and cultural related events.

For more information contact FiveCAP at (231) 757-3785, email fivecap@fivecap.org or visit the website www.historicidlewild.org.





602 N. Main Street, P.O. Box 67, Scottville, MI 49215

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CAPtions

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Mark Your Calendar

Our offices are open, but appointments encouraged. Guests required to wear face mask. Secure drop boxes are provided for documents at all FiveCAP locations.

JULY

July 4 *Independence Day Holiday—Offices and Centers closed*
July 12 HS/EHS Policy Council Meeting, 10am—Cancelled
July 21 Tentative last day for Head Start children (SNFHSC & MCDC)
July 28 FiveCAP Board of Directors Meeting, 4pm—Cancelled

AUGUST

August 5 Golf for Warmth & Imagination Library—Manistee National
August 9 HS/EHS Policy Council Meeting, 10am
August 10 [CSFP Bi-Monthly Food Distribution—Seniors](#)
August 25 FiveCAP Board of Directors Meeting, 4pm

SEPTEMBER

Sept. 1 [TEFAP Quarterly Food Distribution—Families](#)
Sept. 5 *Labor Day Holiday—Offices and Centers closed*
Sept. 6 Head Start Centers first day of school for children (start dates may vary, check with your local Head Start Center to confirm)
Sept. 13 HS/EHS Policy Council Meeting, 10am
Sept. 22 FiveCAP Board of Directors Meeting, 10am, Manistee National

OCTOBER

October 11 HS/EHS Policy Council Meeting, 10am
October 12 [CSFP Bi-Monthly Food Distribution—Seniors](#)
October 27 FiveCAP Board of Directors Meeting, 4pm

FiveCAP Programs & Services

- Head Start**
- Early Head Start**
- Weatherization**
- Home Ownership Counseling**
- Foreclosure Prevention**
- Single Family Housing**
- Multi Family Housing**
- TEFAP**
- CSFP**
- Garden/Food Preservation**
- Educational Workshops**
- Food Pantry**
- Tax Preparation Assistance**
- Energy/Utility Assistance**
- Walk for Warmth**
- Toys for Tots/Gifts for Teens**
- Information & Referral**
- And more.....**